



ANN ATTAYEK CARR, M.S., MCC, GPCC™
Organizational Consultant and Executive Coach

Just try to nail down what draws your attention to Ann Carr. Is it her intense and creative energy? Or the uncanny way she listens to you and hears the things you didn't think to say? Or maybe it's the fact that her working style is as nonjudgmental as it is honest and direct, making it easy to trust her and open up to her? Ann's clients would say *all of the above*. Ann's gift is her ability to use all of these skills and her in depth knowledge of human and organizational change dynamics to help individuals, pairs, teams and organizations transform. She has consulted within financial services, aerospace, defense, technology, healthcare, environmental, government, and large and small not-for-profit organizations. Some of her clients have included BAE Systems, Ball Aerospace, Bean Creative, Capital Hospice, Cadence Marketing, Carefirst SBPASC, Citizens Conservation Corps of West Virginia, Digene Corporation, Discovery Communications, Fair Oaks Anesthesia Associates, Family Matters, For Love of Children, Freddie Mac, MedImmune, National Association of Realtors, National Education Association, National Wildlife Federation, Northern Virginia Mediation Service, Northrup Grumman, Philips Electronics, Prudential Financial, Navicent, New York Life Enterprises, Razoo, SAIC, Sodexo, Studios Architecture, The Nature Conservancy, and a number of Federal agencies including EPA, GSA, HHS, FRB, Federal Mediation and Conciliation Service, HUD, NIH, and USDA.

Ann first spent 15 years as an organizational effectiveness consultant within two Fortune 50 corporations, Freddie Mac and GE Capital Mortgage Corporation. She has a depth of experience with executive coaching, facilitating large and small group interventions, leadership development, facilitating large scale strategic change initiatives, building high performance teams, leveraging diversity, resolving conflict productively, and designing and facilitating experiential leadership development learning programs. Ann particularly enjoys coaching and facilitating pairs, teams, and individual executives, inspired by their "aha's!" as they move from realization to increased effectiveness. Ann also claims a rich range of experiences outside of the corporate world. She was a performing artist at one time with a Bachelor of Music degree from the University of North Carolina at Chapel Hill. She also has international development experience, first serving as a Peace Corps volunteer in Kenya where she managed a women's business development enterprise, and later leading an international volunteer program for the American Red Cross.

Ann holds a Master of Science degree in Social and Organizational Learning from George Mason University and has completed post-graduate study in at the Gestalt Institute of Cleveland (Ohio) and the International Gestalt Study Center (Massachusetts) including a 2-year certification in Organization and Systems Development and advanced certifications in phenomenological coaching and group process consulting. Ann holds the MCC credential through the International Coach Federation (ICF), is a Newfield Network certified coach, and a Gestalt Professional Certified Coach (GPCC™). She is certified to administer a wide spectrum of assessments such as The Leadership Circle™ instruments, Emotional Competency Inventory, EQi®, Executive Dimensions, Benchmarks, Prospector, 360 by Design, the Hogan leadership suite, MBTI™, Firo-B, TKI as examples. She is a certified facilitator for The Leadership Circle Leadership Development Workshops. In addition, Ann is faculty at The Gestalt Institute of Cleveland, The Gestalt International Study Center, and at Georgetown University.

Ann is currently the owner of Intruequest® and Ann Attayek Carr & Associates, LLC, an organizational consulting and executive coaching firm in Baltimore/Washington metropolitan area.

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